



# FIGURE SKATING SESSIONS SEPTEMBER 2010

[www.palosverdesicechalet.com](http://www.palosverdesicechalet.com)

## PALOS VERDES ICE CHALET

550 Deep Valley Drive  
Rolling Hills Estates, CA 90274  
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## PROMENADE ON THE PENINSULA

**FS** = Open Freestyle Session  
**PEC** = Peninsula Elite Club  
**TS** = Team Synchro Skate  
**JS** = Jump & Spin Clinic

### 1 hr Open Freestyle \$8.00

Freestyle 1 & above  
skaters only

*Note: For safety reasons,  
Tots thru Delta skaters may  
enter session for private  
lessons ONLY IF accompa-  
nied by their coach. Skaters  
must exit ice when lesson is  
finished.*

### 10 Session FS Pass \$70.00

#### PEC

8 wk session \$120  
(Wed - Levels F6 & above)  
(Fri - All Freestyle Levels)

#### SYNCHRO

8 wk session \$120  
Ice Crystals skating team  
Ongoing classes - compete  
& perform at local shows &  
competitions.

#### JUMP & SPIN

8 wk session \$120  
(Sat - All Freestyle Levels)

SUN	MON	TUE	WED	THU	FRI	SAT
<b>Fall Programs Session</b> <b>August 30-October 23</b>			1	2	3	4
			11a-12p (FS) 6:05-7:05p (FS) 7:15-8p (PEC)	11a-12p (FS)	11a-12p (FS) 6:05-7:05p (FS) 7:15-8p (PEC)	8-9a (FS) 9-9:45a (JS) 10-11a (FS) 11:15-12:15 Group Show Rehearsal
5	6	7	8	9	10	11
6-7:50a Solo Show Rehearsal	11a-12p (FS) 6-7p (TS)	11a-12p (FS)	11a-12p (FS) 6:05-7:05p (FS) 7:15-8p (PEC)	11a-12p (FS)	11a-12p (FS) 6:05-7:05p (FS) 7:15-8p (PEC)	8-9a (FS) 9-9:45a (JS) 10-11a (FS) 11:15-12:15 Group Show Rehearsal
12	13	14	15	16	17	18
6-7:50a Solo Show Rehearsal	11a-12p (FS) 6-7p (TS)	11a-12p (FS)	11a-12p (FS) 6:05-7:05p (FS) 7:15-8p (PEC)	11a-12p (FS)	11a-12p (FS) 6:05-7:05p (FS) 7:15-8p (PEC)	8-9a (FS) 9-9:45a (JS) 10-11a (FS) 11:15-12:15 Group Show Rehearsal
19	20	21	22	23	24	25
	11a-12p (FS) 6-7p (TS)	11a-12p (FS)	11a-12p (FS) 6:05-7:05p (FS) 7:15-8p (PEC)	11a-12p (FS)	11a-12p (FS) 6:05-7:05p (FS) 7:15-8p (PEC)	8-9a (FS) 9-9:45a (JS) 10-11a (FS) 11:15-12:15 (FS)
26	27	28	29	30		
	11a-12p (FS) 6-7p (TS)	11a-12p (FS)	11a-12p (FS) 6:05-7:05p (FS) 7:15-8p (PEC)	11a-12p (FS)		

